

LUNAR PHASE	CYCLE	NATAL CHARACTERISTICS
NEW MOON 0° - 45°	Birth/emergence of a new possibility, new beginning, opportunity to break with the past and start off in a new direction, opening to new experiences/perspectives, fusion of internal and external realities/will & imagination	Pioneering, impulsive, dynamic, enthusiastic, behaves instinctively, need for spontaneity, a life of breaking new ground and initiating action, can be naive, gullible, have a hard time seeing things through to completion
CRESCENT MOON 45° - 90°	Expansion, struggle between the past and emerging future, areas of growth and opportunity emerge to help facilitate your new undertaking, the call to develop new talents and skills to support your new endeavor - list-making	Vulnerable, impressionable, drawn to personal growth and self-exploration, need to develop perseverance, can be overly influenced by others which emphasizes the importance of finding worthwhile people and situations to help you cultivate your dreams and goals
FIRST-QUARTER MOON 90° - 135°	Crisis of action as you stand between the past and future, time for action & the expression of ideas, definite decisions and actions are required at this time, tension between the old and new can block your process, good time to remove any obstacles/remnants of the past that have emerged up until now, need for courage & confidence to move in the direction of your intention	Active, motivated, decisive, urge to get things done, prone to tension & nervous energy, can steamroll over people if energy and urge for refinement isn't directed towards a higher cause
GIBBOUS MOON 135° - 180°	Tentative results and insights start to appear, time for preliminary analysis & evaluation of how you're progressing, overcoming of obstacles, productive time if you continue to refine your approach	Self-directed, goal-oriented and focused, introspective and curious, tendency towards perfectionism or being overly analytical or self-critical
FULL MOON 180° - 225°	You've caught your stride and momentum's at its peak, time of culmination/ fulfillment/realization, both your successes and failures are illuminated, structures and accomplishments become infused with meaning now, deeper understandings of why you took this endeavor on in the first place	Social, expansive, generous, exuberant, potential to overextend yourself or overdo it, idealistic, relationship-oriented, may need to develop greater awareness of the effects of their actions on others
DISSEMINATING MOON 225° - 270°	Your progress becomes public as your insights and achievements begin to move out into the world and link with other people and structures, time of demonstration & performance, distribution and sharing of progress	Communicative, quick to share information/insights, social, may tend towards dogmatism or have a hard time taking advice from others
LAST-QUARTER MOON 270° - 315°	Crisis of consciousness as your new achievements complete integrating into your life, new areas of life emerge for inspection as you give your accomplishments some space for integration, aspects of your life that are incongruent with your new approach may emerge	Introspective, carries a strong sense of destiny, searches for deeper meaning/significance from life, tendency to feel alienated from the status quo, sense of being ahead of your time, need for more private time and sleep/rest than others
BALSAMIC MOON 315° - 360°	Releasing the past/personality aspects that no longer serve you - especially those that have come to your attention in this process, preparation for & commitment to the future, opening to the next cycle of growth and development, time of endings and possibly mourning as you leave the past behind, often a period of low energy	Observer/outsider/loner, tendency to feel detached from or at odds with society, may be prone to focus on what is unseen/hidden, relationships are often short-term and may have a karmic quality